

## CRISIS INTERVENTION

### A Safe Place Women's Shelter - operated by Strathcona Shelter Society Ltd.

Phone: 780-464-7232 (Business)  
24hr. Crisis Line, TTY Line, Week Night Support Group,  
& Children Exposed to Violence Group: 780-464-7233  
Website: [www.asafeplace.ca](http://www.asafeplace.ca)

Short-term (21 days) residential facility offering support and advocacy for abused women with or without children.

### Alberta Council of Women's Shelters

#320, 10310 Jasper Ave., Edmonton, AB T5J 2W4  
Phone: 780-456-7000 Fax: 780-456-7001  
Website: [www.acws.ca](http://www.acws.ca) Email: [voice@acws.ca](mailto:voice@acws.ca)

Strengthens the sheltering movement in Alberta and works toward the elimination of family violence. Plans and coordinates development training for shelter directors, staff and board members.

### Catholic Social Services - Counselling: Individual and Family Therapy Program

10709 - 105 St., Edmonton, AB T5H 2X3  
Phone: 780-420-1970 Fax: 780-425-6627  
Website: [www.catholicsocialservices.ab.ca](http://www.catholicsocialservices.ab.ca)

Provides therapeutic counselling to individuals, couples, families, and groups, using individual, joint and group therapy.

### Catholic Social Services - Elderly Adult Resource Service (EARS)

8212 - 118 Ave., Edmonton, AB T5B 0S3  
Phone: 780-471-1122 Fax: 780-479-2579  
Website: [www.catholicsocialservices.ab.ca](http://www.catholicsocialservices.ab.ca)

Provides support counselling, education and referral services for older adults who are at risk of or are experiencing abuse or neglect.

### Catholic Social Services - La Salle Program

Phone: 780-442-0082 Fax: 780-432-3008  
Website: [www.catholicsocialservices.ab.ca](http://www.catholicsocialservices.ab.ca)

La Salle is a second stage women's shelter for mothers and their children who have left abuse and are transitioning from a front-line crisis agency. The program provides accommodation in nine furnished suites for up to a year. During that time clients receive support and counselling as they access educational, employment, and training opportunities.

### Catholic Social Services - Safe House

8212 - 118 Ave., Edmonton, AB T5B 0S3  
Phone: 780-471-1122 Fax: 780-479-2579  
Website: [www.catholicsocialservices.ab.ca](http://www.catholicsocialservices.ab.ca)

Provides refuge, counselling, medical and social support services to physically and sexually-abused "street" youth.

### Crime Stoppers Association of Edmonton & Northern Alberta

Phone: 780-421-1122 Fax: 780-425-8839  
P.O. Box 76089, Edmonton, AB T6H 5Y7  
Website: [www.crimestoppers.ab.ca](http://www.crimestoppers.ab.ca)  
Email: [info@crimestoppers.ab.ca](mailto:info@crimestoppers.ab.ca)

If you, or someone you know, is in crisis and you can't call the police, we offer an alternative. Report a crime anonymously by contacting 1-800-222-TIPS. We work with the public, media and police to ensure safer communities. CSAENA is a not for profit charitable organization funded by people like you. Together we can make a difference.

### E4C: "Crossroads" (Houses and Outreach) Program

9321 Jasper Ave., Edmonton, AB T5H 3T7  
Phone: 780-474-7543 Fax: 780-471-2311  
Website: [www.E4Calberta.org](http://www.E4Calberta.org)  
Email: [info@e4calberta.org](mailto:info@e4calberta.org)

The "Crossroads Program" offers alternatives, support, and hope to children and adults involved in or at risk of involvement in prostitution, through the provision of outreach, shelter, and prevention services.

### Edmonton Dream Centre

Box 68169, 162 Bonnie Doon Mall, Edmonton, T6C 4N6  
Phone: 780-423-5516 Fax: 780-429-1090  
Website: [www.edmontondreamcentre.ca](http://www.edmontondreamcentre.ca)  
Email: [edmontondream@incentre.net](mailto:edmontondream@incentre.net)

Edmonton Dream Centre is a residential program for women or women and children. We provide an environment for ladies coming from crisis situations. It is a voluntary program for women who honestly desire to change their lives and circumstances. The dream centre is dedicated to helping women in distress restore their dignity by assisting them to discover a new destiny and encouraging them to realize new dreams.

### Edmonton John Howard Society

#401, 10010 - 105 Street  
Phone: 780-428-7590  
Website: [www.johnhoward.org](http://www.johnhoward.org)  
Email: [mail@johnhoward.org](mailto:mail@johnhoward.org)

Edmonton John Howard Society is a non-profit crime prevention agency. Our vision is -safety and harmony in our community. We depend upon our volunteers to support our Agency's delivery of a variety of educational and community service programs in the Edmonton area.

### Lurana Shelter

Phone: 780-429-2002 (Business) 780-424-5875 (Crisis Line)  
Fax: 780-426-3237

Crisis Shelter for women with or without children fleeing domestic violence. Short-term emergency facility..

### SAFFRON: Strathcona Sexual Assault Centre

Phone: 780-449-0900 Fax: 780-416-2393  
Website: [www.saffron-ssac.com](http://www.saffron-ssac.com)

Provides individual or group counselling for individuals affected by sexualized violence. The Centre also works towards preventing sexual assault and sexual abuse by providing a public education program that deals with various issues affecting youth.

### SAGE Safe House

#15, Sir Winston Churchill Square  
Edmonton, AB T5J 2E5  
Phone: 702-1520  
Website: [www.mysage.ca](http://www.mysage.ca)  
Email: [hshupe@mysage.ca](mailto:hshupe@mysage.ca)

Provides temporary accommodation for men and women aged 60+ facing an abusive situation.

### Sexual Assault Centre of Edmonton

205, 14964 - 121A Ave., Edmonton, AB T5V 1A3  
Phone: 780-423-4102 (Business) 780-423-4121 (24hr Crisis Line)  
Fax: 780-421-8734 TTY: 780-420-1482  
Website: [www.sace.ab.ca](http://www.sace.ab.ca)

Provides individual and group counselling for female and male survivors of childhood sexual abuse and sexual assault. Offers support, crisis intervention, and diversity outreach (including war rape).

### The Support Network

#400, 10025 - 106 St., Edmonton, AB T5J 1G4  
Phone: 780-482-0198 Fax: 780-488-1495  
Website: [www.thesupportnetwork.com](http://www.thesupportnetwork.com)

The support network strengthens individuals, families and the community, who are experiencing crisis or distress, through support, information and education.

Programs include: 24-hour distress line (482-HELP), no fee walk-in counselling, suicide prevention programs, suicide bereavement program, community service referral line (482-INFO or dial 211 within Edmonton), and Youth

One (on-line youth community), and a 24-hr Seniors Abuse Support Line (1-888-357-9339).

### WIN House - An ongoing project of Edmonton Women's Shelter Ltd.

P.O. Box 20088, R.P.O. Beverly, Edmonton, AB T5W 5E6  
Phone: 780-471-6709 (Office) 780-479-0058 (24hr Crisis Line)  
Fax: 780-479-8252  
Website: [www.winhouse.org](http://www.winhouse.org)  
Email: [ewsinfo@telus.net](mailto:ewsinfo@telus.net)

Provides shelter, crisis intervention and information to women with or without children who are leaving abusive relationships. A volunteer program that supports special events. Household and personal items required as donations to support women in need.

### Wings of Providence Society

P.O. Box 32141 Main Post Office Edmonton, AB T6K 4C2  
Phone: 780-426-4985 Fax: 780-424-3625  
Website: [www.wingsofprovidence.ca](http://www.wingsofprovidence.ca)

Offers independent living (for six month period) in a safe, secure and supportive environment for women with children who have experienced family violence. Provides 24 hour security at no fee. Referrals from women's emergency shelters.

### Women's Emergency Accommodation Centre (WEAC)

9611 - 101A Ave., Edmonton, AB T5H 3V5  
Phone: 780-423-5302 Fax: 780-424-9642  
Website: [www.E4Calberta.org](http://www.E4Calberta.org)  
Email: [ebird@e4calberta.org](mailto:ebird@e4calberta.org)

The WEAC program (run by the Edmonton City Centre Church Corp.) provides emergency and short-term housing, food, referrals, on-site physical/mental health services and other basics to women who are in crisis and lack these essentials.

## CULTURAL GROUPS

### Aboriginal Women's Professional Association

2-4,10211-105 Street, Edmonton, AB, T5J 1E3  
Phone: 780-758-1300 Fax: 780-758-1331  
Website: [www.awpa.ca](http://www.awpa.ca)  
Email: [awpa@shaw.ca](mailto:awpa@shaw.ca)

This organization establishes networks, creates opportunities and provides support for Aboriginal women in education, employment and starting their own business. They offer mentoring programs, cultural events, and speakers series.

### Caribbean Women Network (CWN)

Contact: Pearl Bennett (424-3443) Angela (457-9661) Donna (432-6210)

Encourages women with a Caribbean affiliation (including wives of Caribbeans) to support each other, learn together, and share their heritage while embracing Canadian culture.

### Comité Femmes A.C.F.A. Régionale d'Edmonton

#50, 8627 Marie-Anne-Gaboury St. (91 St.), Edmonton, AB T6C 3N1  
Website: [www.acfaedmonton.ab.ca](http://www.acfaedmonton.ab.ca)  
Phone: 780-469-4401 Fax: 780-469-3997

Promotes French culture in Edmonton and region. The women's committee holds dinner conferences, presentations, films, discussions and weekend retreats.

### Institute for the Advancement of Aboriginal Women

300, 10256 - 112 St., Edmonton, AB T5K 1M4  
Phone: 780-479-8195 Fax: 780-471-2169  
Toll-free: 1-877-471-2171  
Website: [www.iaaw.ca](http://www.iaaw.ca) Email: [iaaw@iaaw.ca](mailto:iaaw@iaaw.ca)

Advocacy for Aboriginal women across Alberta. 'Angels among us' - Annual Esquao Awards honouring Aboriginal women for their accomplishments. Promotes Aboriginal women in their particular field of expertise and ability, and carries out projects which will benefit and enhance the image of Aboriginal women. Social Justice Awards - every two years honour individuals/organizations or companies who help Aboriginal women.

## FAMILY & PARENTING

**Alberta Assn. of Services for Children & Families**  
#258, 8330 - 82 Ave., Edmonton, AB T6C 4E3  
Phone: 780-428-3660 Fax: 780-428-3844  
Website: [www.aasf.com](http://www.aasf.com)

A membership association of agencies providing services to vulnerable children and families in Alberta.

**Alberta Foster Parent Association**  
#102, 9622-42 Ave Edmonton, AB T6E 5Y4  
Phone: 780-429-9923 Fax: 780-426-7151  
Toll-free: 1800-667-2372  
Website: [www.afpaonline.com](http://www.afpaonline.com)

A support and advocacy group for foster parents located throughout the province of Alberta.

### Alberta Health Services Early Intervention Program

Phone: 780-483-1744 Fax: 780-483-1711

Information, groups and home visits for families who have concerns about their child's development (birth to 3 1/2 years) or who have children with specific disabilities (birth to 3 1/2 years).

### Big Brothers and Big Sisters Society of Edmonton and Area

10135 - 89 St., Edmonton, AB T5H 1P6  
Phone: 780-424-8181 Fax: 780-426-6689  
Website: [www.bbbsedmonton.org](http://www.bbbsedmonton.org)

There are many ways to get involved and help others, one is to be an in-school mentor for one hour per week.

### Boys & Girls Clubs of Edmonton

9425-109 A Avenue  
Edmonton, AB T5H 1G1  
Phone: 780-422-6038 Fax: 780-426-6216  
Website: [www.boysandgirls.ab.ca](http://www.boysandgirls.ab.ca)

Boys and Girls Clubs Edmonton encourages young people, who may face disadvantages, to overcome challenges, explore their interests, discover personal strengths, and pursue their dreams. Disadvantages may be: poverty, lack of education, lack of nutrition, youth violence, or substance abuse. We believe in kids so that they can believe in themselves. Nine clubs are located throughout Edmonton. Each one provides after-school drop-in supports which include hot meal program, as well as recreation activities.

### Catholic Social Services - Family Living Program

10709 - 105 St., Edmonton, AB T5H 2X3  
Phone: 780-420-6081 Fax: 780-425-6627  
Website: [www.catholicsocialservices.ab.ca](http://www.catholicsocialservices.ab.ca)

Offers professionally directed workshops that provide instruction and support on a variety of issues: anger management for adults and youth, couples communication, overcoming depression and self-esteem, balancing your boundaries and grief/loss.

### Catholic Social Services - Parent Teen Mediation

8212 - 118 Ave., Edmonton, AB T5B 0S3  
Phone: 780-471-1122 Fax: 780-479-2579  
Website: [www.catholicsocialservices.ab.ca](http://www.catholicsocialservices.ab.ca)

Support and mediation services by trained volunteer mediators for youth and families in conflict.

### Child and Youth Care Association of Alberta

#204, 12013 - 76 St., Edmonton, AB T5B 2C9  
Phone: 780-448-7254 Fax: 780-448-9159  
Website: [www.cyc.ca](http://www.cyc.ca)

An organization of childcare professionals who have common interests, concerns, and objectives in providing quality services for children. Conferences, newsletters.

### Community Options - A Society for Children and Families

200, 12345 - 121 St., Edmonton, AB T5L 4Y7  
Phone: 780-455-1818 Fax: 780-454-6166  
Website: [www.communityoptions.ab.ca](http://www.communityoptions.ab.ca)

A registered charity offering a variety of family support services including: inclusive preschool and school-age childcare; services for children with disabilities; and family resources including basic needs, parent education, nutrition and support programs.

### (The) Compassionate Friends

Phone: 1-866-823-0141  
Website: [www.tfcanada.net](http://www.tfcanada.net)  
Email: [nationaloffice@tcf.net](mailto:nationaloffice@tcf.net)

An international, non-denominational, non-profit, self-help organization of bereaved parents offering support, friendship, understanding and hope to those families who have experienced the death of a child at any age and from any cause. (This group does not offer therapy or counselling.) Call for information on monthly meetings.

### Edmonton & District Family Support Association

15001 - 112 Ave. Edmonton, AB T5M 2V6  
Phone: 780-496-9890 Fax: 780-469-2760  
Website: [www.familysupportassociation.com](http://www.familysupportassociation.com)

Offers foster family and biological family support; operates not-for-profit clothing outlet for 0 to 16 years and provides clothing to those in need; helps individuals acquire medical equipment.

### Edmonton Association for Bright Children

Contact: Ray (483-0248) or Leong (469-3318)  
Website: [www.edmontonabc.org](http://www.edmontonabc.org)

The Edmonton Association for Bright Children (EABC) is the Edmonton chapter of the Alberta Association for Bright Children (AABC) [www.albertaabc.org](http://www.albertaabc.org) EABC is a volunteer organization of families that provides activities, resources and support for bright children and their families. Membership is open to all. See website for current event listings.

### Edmonton Breastfeeding Clinic

Misericordia Community Hospital, 3rd Floor West, 16940 - 87 Ave., Edmonton, AB T5R 4H5  
Phone: 780-735-2577 Fax: 780-735-2794

This clinic offers specialist services to mothers and babies experiencing difficulties with breastfeeding.

### Edmonton Early Headstart Program

Alex Taylor School  
9321 - Jasper Ave., Edmonton, AB T5H 3T7  
Phone: 780-426-3666 Fax: 780-424-1372

Program offers information, home visits, groups, for low income families to increase the development of their children from birth to 3 1/2 years. No referral needed. (This is not a playschool).

### Edmonton Pro Life

#212, 11125 - 107 Ave., Edmonton, AB T5H 0X9  
Phone: 780-425-1637 Fax: 780-425-1320  
Website: [www.edmontonprolife.org](http://www.edmontonprolife.org)

Free literature and resource materials for expecting women and teens. Educational resources, books and videos on fetal development and Post Abortion Trauma. Call for information on presentations and speakers. Need to talk about your crisis pregnancy? Having trouble coping after your abortion? Call 1-800-665-0570 (24 hours).

### Girl Guides of Canada - Edmonton Area

11404 - 142 St., Edmonton, AB T5M 1V1

Phone: 780-451-2263 Fax: 780-453-1155  
Website: [www.guidesedmonton.ab.ca](http://www.guidesedmonton.ab.ca)

Women leaders bring diverse programs relevant to today's society to girls and women; offering community, fun & friendship. Programs include camping & outdoor, community service, leadership development, understanding of other people. Catch the fun! Make new friends and have new adventures in a fun way.

### Kids Kottage

Phone: 780-448-1752 (Admin) 944-2888 (Crisis Line)  
Website: [www.kidskottage.org](http://www.kidskottage.org) Fax: 780-441-9893

Kids Kottage, a 24-hour short-term emergency childcare program, supports, counsels and educates families in crisis to prevent child abuse and neglect, taking families from crisis to calm.

### La Leche League of Canada

- Edmonton Chapter Hotline Phone: 780-478-0507  
(answering machine with leader contact information on outgoing message).

Provides breastfeeding information and support.

### Learning Disabilities Association of Alberta

(Edmonton Chapter)  
5540 - 106 Ave., Edmonton, AB T6A 1G3  
Phone: 780-466-1011 Fax: 780-466-1095  
Website: [www.ldaa-ec.ca](http://www.ldaa-ec.ca)

Advocacy group providing information and support services.

### Norwood Child & Family Resource Centre

9516 - 114 Ave., Edmonton, AB T5G 0K7  
Phone: 780-471-3737 Fax: 780-477-1632  
Website: [www.ncfrc.ab.ca](http://www.ncfrc.ab.ca)

Provides programs and services that strengthen and enrich the lives of parents and children. Programs focus on meeting the emotional, physical and educational needs of families to assist in building better futures in a stronger, safer community.

## HEALTH & WELLNESS

### General Health

#### (The) Arthritis Society

The Arthritis Information Line: 1-800-321-1433  
Email: [info@ab.arthritis.ca](mailto:info@ab.arthritis.ca)

Edmonton Office  
Suite 307, 10109 - 106 St.  
Edmonton, Alberta T5J 3L7  
Phone: 780-424-1740 Fax: 780-428-6198

In the Alberta/Northwest Territories division, our mission is to improve the quality of life for people affected by arthritis, and to support proactive efforts directed toward prevention, diagnosis, treatment, and a cure for arthritis.

#### Breast Friends Society of Edmonton

Contact: Juliette - 780-487-9021  
Website: [www.breastfriends.org](http://www.breastfriends.org)

"Breast Friends" are women from Edmonton and the surrounding area who have all had a diagnosis of breast cancer. They have varied fitness levels and range from early 30's to 65+ and train to race in Dragon Boat competitions as part of a worldwide movement that originated in Vancouver. Each member of Breast Friends is a powerful example that women can lead full and vigorous lives after surgery and treatment for breast cancer.

#### Canadian Breast Cancer Foundation, Prairies/NWT Region

#700, 10665 Jasper Ave, Edmonton, AB T5J 3S9  
Phone: 780-452-1166 Fax: 780-451-6554  
Website: [www.cbcf.org/prairies/NWT](http://www.cbcf.org/prairies/NWT)

Funds breast cancer research and community projects.

**Canadian Organization for Rare Disorders (CORD)**

9011 - 142 St. Edmonton, AB T5R 0M6  
Toll-free: 1-877-302-7273  
Website: [www.raredisorders.ca](http://www.raredisorders.ca)  
Email: [info@raredisorders.ca](mailto:info@raredisorders.ca)

Education, networking and support, providing information on thousands of rare disorders. Offers news, membership, support and contacts.

**CancerConnection: Canadian Cancer Society Peer Support Program**

Toll-free: 1-800-263-6750 Fax: 1-403-205-3979

Trained volunteers who have previously experienced cancer offer practical and emotional support to newly-diagnosed cancer patients and their caregivers through one-to-one visits, telephone support and monthly group support meetings.

**Catholic Social Services - Kairos Program**

8815 - 99 St., Edmonton, AB T6E 3V3  
Phone: 780-432-1137 Fax: 780-439-3154  
Website: [www.catholicsocialservices.ab.ca](http://www.catholicsocialservices.ab.ca)

Provides outreach support to men, women and their families who are infected and affected by HIV/AIDS. The program also provides educational, community relations and referral support services to community health/social service professionals.

**Edmonton Bereavement Centre: Jewish Family Services**

#502, 10339 - 124 St., Edmonton, AB T5N 3W1  
Phone: 780-454-1231 Fax: 780-482-4784  
Email: [ebc@jfsj.org](mailto:ebc@jfsj.org)

Non-denominational grief support. Includes general presentations, ongoing structured support groups, follow-up support programs and limited individual counselling. Professional and volunteer training workshops in bereavement support. Resource lending library.

**Edmonton Osteoporosis Support Group**

Grey Nuns Hospital & Health Centre, auditorium  
Contact: Annabel (436-8150)

The Edmonton Osteoporosis Support Group provides valuable and up-to-date information for women and men of all ages. Monthly meetings: the 4th Monday of the month, 7-9 p.m. from Sept. through April (except Dec.).

**Insight Medical Imaging**

#200, Meadowlark Health Centre, Edmonton, AB T5R 5W9 (located at 89 Ave. and 156 St.)  
Phone: 780-669-2222 Fax: 780-481-6630  
Website: [xray.ca](http://xray.ca)

Provides mammography, ultrasound, bone densitometry services, X-ray and nuclear medicine.

**Kara Family Resource Centre**

6717 - 132 Ave., Edmonton, AB T5C 2A4  
Phone: 780-478-5396 Fax: 780-478-1979  
Website: [www.kara-frc.ca](http://www.kara-frc.ca)

Provides parenting and personal development skills programs to families; free afternoon and evening classes in parenting for men and women. Operates collective kitchens; operates a free drop-in child care program;; provides information and referral, and a women's group; offers courses in parenting and understanding anger. Accepts donations to Kara-Lot Second Hand Store at 12034 Fort Road (Phone: 780-472-0610).

**Lois Hole Hospital for Women**

10240 Kingsway Ave., Edmonton, AB T5H 3V9  
Phone: 780-735-4804 Fax: 780-735-5051

Alberta Health Services provides comprehensive health services to Edmonton women and referral services to women in northern and central Alberta.

**Medical Imaging Consultants**

Central Booking : 780-450-1500  
Toll-free: 1-800-355-1755 Fax: 780-425-5979

Century Park - #201, 2377-111 St., Edmonton  
Hys Centre - #202-11010-101 St., Edmonton  
College Plaza - 8th Floor, 8215-112 St. Edmonton  
Tawa Centre - 3017-66 St. Edmonton  
Allin Clinic (X-rays) - B1 10155-120 St., Edmonton  
Summit Centre - #102, 200 Boudreau Road, St.

**Albert**

Grandin (X-rays) - #1, St. Anne St., St. Albert  
Website: [mic.ca](http://mic.ca)

Medical Imaging Consultants is Canada's largest radiology partnership. MIC provides a full range of medical diagnostic services including breast imaging (mammography, core biopsy and ultrasound), bone densitometry, ultrasound, nuclear medicine, x-ray, fluoroscopy, and magnetic resonance image (MRI).

**(The) Parkinson's Society of Alberta**

Rm 3Y18 Edmonton General, 11111 Jasper Avenue  
Edmonton, AB T5K 0L4  
Phone: 780-482-8993 Fax: 780-482-8969  
Toll-free: 1-888-873-9801  
Website: [www.parkinsonalberta.ca](http://www.parkinsonalberta.ca)  
Email: [info@parkinsonalberta.ca](mailto:info@parkinsonalberta.ca)

The Parkinson's Society of Alberta is a non-profit charitable organization dedicated to serving Albertans living with Parkinson's.

**Screen Test: Alberta Program for the Early Detection of Breast Cancer**

#311 Kingsway Garden Mall, 109 St. and Princess  
Elizabeth Ave., Edmonton, AB T5G 3A6  
Phone: 780-643-4677 Fax: 780-643-4679  
Toll-free: 1-800-667-0604  
Website: [www.cancerboard.ab.ca/screenest](http://www.cancerboard.ab.ca/screenest)

Provides high quality screening mammography and breast health education. The Parkinson's Society of Alberta (PSA) is a non-profit charitable organization dedicated to serving Albertans living with Parkinson's.

**Victorian Order of Nurses**

#100, 4936 - 87 St., Edmonton, AB T6E 5W3  
Phone: 780-466-0293 Fax: 780-463-5629  
Website: [www.von.ca/edmonton](http://www.von.ca/edmonton)

VON Edmonton is a voluntary, charitable organization that responds to health and social needs in the community based on the principles of primary health care. Services include: foot care, health education, wellness clinics, flu immunization, and the People in Crisis Program.

**YWCA Edmonton - A Turning Point for Women**

#100, 10350 - 124 St., Edmonton, AB T5N 3V9  
Phone: 780-423-9922 Fax: 780-425-7467  
Website: [www.ywcaofedmonton.org](http://www.ywcaofedmonton.org)

Programs offered include: Counselling Services for individuals, couples and families. Respite Services for families caring for a child or adult with a disability and YoWoChAs Outdoor Education Centre for kids and adults. Special Events include the YWCA Edmonton Tribute to Women of Distinction Awards Gala, and the International Women's Week Reception. Special YWCA initiatives include the Y-Knit Program and One Woman One Vote.

**Pregnancy & Reproductive Issues****Alberta Health Services: Abbotsfield Outreach Clinic**

#248 Abbotsfield Mall, 3210 - 118 Ave., Edmonton, AB T5W 4W1  
Phone: 780-413-5115 or 780-735-0010  
Fax: 780-735-0015  
Website: [www.capitalhealth.ca](http://www.capitalhealth.ca)

Walk-in clinic providing free consultation for those who cannot afford to pay. Offers birth control services and STD testing. Physician at clinic every Friday 3 - 7 p.m.

**Alberta Health Services Birth Control Centre**

#405, Capital Health Centre, North Tower, 10030 - 107 St., Edmonton, AB T5J 3E4  
Phone: 735-0010 Fax: 735-0015

Confidential services include information, resources, education, counselling, a clinical contraceptive component, medical exams, sexually transmitted disease screening, treatment and referral. Mondays to Fridays.

**Birthright Edmonton Inc.**

#108, 11520 - 100 Ave., Edmonton, AB T5K 0J7  
Phone: 780-488-0681 Toll-free: 1-800-550-4900  
Website: [www.birthright.org](http://www.birthright.org)

Providing caring, non-judgemental support to any women facing an unplanned pregnancy.

**Catholic Social Services - Adoption Program**

8815 - 99 St., Edmonton, AB T6E 3V3  
Phone: 780-432-1137 Fax: 780-439-3154  
Website: [www.catholicsocialservices.ab.ca](http://www.catholicsocialservices.ab.ca)

Facilitates open adoption through birth parent counselling, adoption home studies, placement counselling and outreach support services.

**Catholic Social Services - FASD Programs (First Steps, Coaching Families, Step by Step, and McDaniel Youth)**

9137 Jasper Ave., Edmonton, AB T5H 3T2  
Phone: 780-477-1999 Fax: 780-477-2499  
Website: [www.catholicsocialservices.ab.ca](http://www.catholicsocialservices.ab.ca)

These four programs offer support to women at risk of giving birth to a child with FASD, provide support and resources for parents and families affected by FASD, and offer mentorship to youth transitioning into adulthood.

**(The) Doula Association of Edmonton**

P.O. Box 714 Main, Edmonton, AB T5J 2L4  
Phone: 945-8080  
Website: [www.edmontondoulas.org](http://www.edmontondoulas.org)

The association provides information on doulas and how they support pregnant women and their partner through pregnancy, birth and the early postpartum, to birthing families and professionals in the Edmonton and surrounding area. It also has a referral service for those seeking doula support.

**Edmonton VBAC Support Association / ICAN of Edmonton (Vaginal Birth After Caesarean)**

Contact: Claudia Villeneuve (780-444-9527)  
Website: [www.edmontonvbac.com](http://www.edmontonvbac.com)  
Email: [edmontonvbac@yahoo.ca](mailto:edmontonvbac@yahoo.ca)

Support group for women attempting vaginal birth after Caesarean and for first-time mothers wanting to avoid a Caesarean.

**(The) Infertility Connection**

Contact: Irene (481-6618)  
Website: [www.members.shaw.ca/edmontoninfertility](http://www.members.shaw.ca/edmontoninfertility)  
Email: [edmontoninfertility@shaw.ca](mailto:edmontoninfertility@shaw.ca)

A support group that meets regularly once a month at the Royal Alexandra Hospital to provide support to adults who are experiencing infertility issues.. To find out meeting information, check the website, or phone Irene.

**OPTIONS Sexual Health Association**

(Formerly Planned Parenthood Edmonton)  
#50, 9912 - 106 St., Edmonton, AB T5K 1C5  
Phone: 780-423-3737 Fax: 780-425-1782  
Website: [www.optionssexualhealth.ca](http://www.optionssexualhealth.ca)

Provides comprehensive information, education and counselling related to sexual and reproductive health. Free pregnancy testing and pro-choice options counselling.

Continued on page 32

women's groups, and works in coalitions to improve the status of women in Alberta.

## INFORMATION & REFERRAL

### Alberta Human Rights and Citizenship Commission

#800, Standard Life Centre, 10405 Jasper Ave.,  
Edmonton, AB T5J 4R7  
Phone: 780-427-7661 Fax: 780-427-6013  
Toll-free: 310-0000 and then 780-427-7661  
Website: [www.albertahumanrights.ab.ca](http://www.albertahumanrights.ab.ca)

### The Alberta Women's Archives Association (AWAA)

Box 60208, University of Alberta Postal Outlet, Edmonton,  
AB T6G 2S5  
Email: [pat.myers@gov.ab.ca](mailto:pat.myers@gov.ab.ca)

A dedicated group of volunteers that works to preserve the records of women's history. The group provides practical advice and assistance to help identify historical materials created by and about women, and prepare them for donation to accredited archives.

### Edmonton Local Council of Women

11443 - 43 Ave., Edmonton, AB T6J 0Y2  
Contact: Mrs Joyce Backstrom (435-4925) Fax: 780-435-6605

Works toward education and advocacy. Several council committees do research and educate members on a wide variety of topics. Also supply speakers on various topics to other organizations, for women and men. Current special project: teaching young people to plan for the future.

### Junior League of Edmonton

10447 - 86 Ave., Edmonton, AB T6E 2M4  
Phone: 780-433-9739 Fax: 780-431-0138  
Website: [www.jledmonton.org](http://www.jledmonton.org)  
Email: [jledm@telusplanet.net](mailto:jledm@telusplanet.net)

The Junior League of Edmonton is an organization of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

### Status of Women Canada (SWC)

#1001, 10010 - 106 St., Edmonton, AB T5J 3L8  
Phone: 780-495-3839 Fax: 780-495-2315  
Toll-free: 1-866-966-3640  
Website: [www.swc-cfc.gc.ca](http://www.swc-cfc.gc.ca)

SWC is the federal government agency which promotes gender equality in the following areas: improving women's economic well-being, eliminating systemic violence against women and children and advancing women's human rights. The Women's Program provides financial assistance to support women and other equality-seeking groups to address systemic issues related to women's equality.

### The Women's Canadian Club of Edmonton

President: (Sept. 2008-2010) - Irene Barr 780-464-7185  
Email: [imbarr@shaw.ca](mailto:imbarr@shaw.ca)

Formed in 1911, the club's purpose is the encouragement of the study of the history, literature and resources of Canada, the recognition of Native worth and talent and the fostering of a patriotic sentiment. New members are welcome. Please call for the status of their upcoming website.

## INNER CITY & POVERTY

### Bissell Centre

10527 - 96 St., Edmonton, AB T5H 2H6  
Phone: 780-423-2285 Ext.110 Fax: 780-429-7908  
Fax: 780-425-6594  
Website: [www.bissellcentre.org](http://www.bissellcentre.org)

Provides emergency help (food, clothing and household goods). Offers educational and recreational programs to youth and adults. Adult drop-in is open weekdays. Family support including help with diapers and formula, no charge child care and assistance with housing is available.

### Pregnancy Care Centre

11223 - 100 Ave., Edmonton, AB T5K 0J1  
Phone: 780-424-2624 Fax: 780-425-4624  
Website: [www.pregnancycarecentre.ca](http://www.pregnancycarecentre.ca)

Provides free and confidential services that includes pregnancy tests, education on all options, parenting programs, post-abortion counsel and ongoing physical, emotional and spiritual support. Also offering "Wait Training" workshops, re: abstinence as a healthy choice for teens.

### Pregnancy Crisis Centre

#202, 12212 Jasper Ave., Edmonton, AB T5N 3K3  
Contact: Lori McMillan - 780-482-5111

Women can receive free pregnancy testing and information about abortion and its alternatives. Counselling is provided and all services are strictly confidential.

### Terra Centre for Pregnant & Parenting Teens

9930 - 106 St., Edmonton, AB T5K 1C7  
Phone: 780-428-3772 Fax: 780-425-5160  
Website: [www.terraassociation.com](http://www.terraassociation.com)  
Email: [terra@terraassociation.com](mailto:terra@terraassociation.com)

Provides support for pregnant and parenting youths. Services include case workers; life skills, parent-child bonding, parenting classes, prenatal and peer support programs; child and family support centre (daycare); Healthy Families Program.

## Substance Abuse

### Henwood Treatment Centre

18750 - 18 St., RR6 LCD1 Edmonton, AB T5B 4K3  
Admission: 780-422-4466 Fax: 780-422-5408  
AADAC Help Line: 1-866-332-2322  
Website: [www.aadac.com](http://www.aadac.com)

Helps women with alcohol, drug and gambling problems by providing a safe and secure place to recover. Co-ed 19-day treatment facility provides gender specific programs for women and men. A short-term crisis stabilization program is provided for clients with gambling concerns. Clients are accepted by application only.

### Substance Abuse and Corrections Service - Catholic Social Services

8212 - 118 Ave., Edmonton, AB T5B 0S3  
Phone: 780-471-1122 Fax: 780-479-2579  
Website: [www.catholicsocialservices.ab.ca](http://www.catholicsocialservices.ab.ca)

Provides accommodation, counselling and support services for people on parole, and for persons with substance abuse issues.

### McDougall House Association

11070 - 108 St., Edmonton, AB T5H 3A9  
Phone: 780-426-1409 Fax: 780-429-3459  
Website: [www.aadac.com](http://www.aadac.com)

Provides long-term residential treatment for women in recovery from alcohol, drugs and gambling addiction. Applicants are interviewed to determine suitability for the program.

## HUMAN RIGHTS & LEGAL ISSUES

### Alberta Federation of Labour Women's Committee

10654 - 101 Street, Edmonton, AB T5H 2S1  
Phone: 780-483-3021 Fax: 780-484-5928  
Website: [www.afl.org](http://www.afl.org) Email: [afl@afl.org](mailto:afl@afl.org)

Representing 137,000 members, belonging to 30 different unions, the Women's Committee addresses the rights of women in the workplace, conducts educational, lobbies for effective change to legislation, networks with other

### Elizabeth Fry Society of Edmonton

10523 - 100 Ave., Edmonton, AB T5J 0A8  
Phone: 780-421-1175 Fax: 780-425-8989  
Website: [www.elizabethfry.ab.ca](http://www.elizabethfry.ab.ca)

Assists women of all ages who are at risk or have been in contact with the legal system. Services include crisis intervention, one-on-one support, employment and job preparedness, prison visits, workshops, referrals, an aboriginal program, courtworks, "legal clinic" for federally-sentenced women, and Private Home Placement for women on conditional release from Edmonton Institute for Women.

### Student Legal Services of Edmonton

11011-88 Ave., Edmonton, AB T6G 0Z3  
Phone: 780-492-2226 Fax: 780-492-7574  
Website: [www.afl.org](http://www.afl.org) Email: [afl@afl.org](mailto:afl@afl.org)

Non-profit organization comprising volunteer law students who provide free legal information and assistance to low-income individuals in the Edmonton area.

## IMMIGRANT RESOURCES

### Catholic Social Services - Temporary Foreign Workers' Program

10709 - 105 St., Edmonton, AB T5H 2X3  
Phone: 780-424-3545 Fax: 780-425-6627  
Website: [www.catholicsocialservices.ab.ca](http://www.catholicsocialservices.ab.ca)

Assists Temporary Foreign Workers and their families with the process of adapting to living and working in Alberta by providing information and referrals, supportive counselling, interpretation and translation services and advocacy.

### Changing Together... A Centre for Immigrant Women

3rd Floor, 10010 - 105 St., Edmonton, AB T5J 1C4  
Phone: 780-421-0175 Fax: 780-426-2225  
Website: [www.changingtogether.com](http://www.changingtogether.com)  
Email: [info@changingtogether.com](mailto:info@changingtogether.com)

Helps immigrant women and their families realize their full potential through participation in Canadian Society. Established in 1984, our services include ESL classes, workshops, group discussions, family services including prevention of family violence, bi-cultural parenting and research on issues relevant to immigrant women.

### Edmonton Immigrant Services Association (EISA)

#201, 10720 - 113 St., Edmonton, Alberta, T5H 3H8  
Phone: 780-474-8445 Fax: 780-477-0883  
Website: [www.eisa-edmonton.org](http://www.eisa-edmonton.org)  
Email: [eisa@compusmart.ab.ca](mailto:eisa@compusmart.ab.ca)

Translation and Interpretation services, ESL Classes, Citizenship & Human Rights Education, Information, Orientation and Referral, Assistance and Friendship to newcomers, Tutoring & Mentorship, Volunteer Opportunities.

### Mennonite Centre for Newcomers

#101, 10010 - 107A Ave., Edmonton, AB T5H 4H8  
Phone: 780-424-7709 Fax: 780-424-7736  
Website: [www.emcn.ab.ca](http://www.emcn.ab.ca)

Programs include ESL classes, employment services and community services.

### Welcome Centre for Immigrants

#335 Tower II, Millbourne Mall, 7609 - 38 Ave.  
(Millwoods Rd.), Edmonton, AB T6K 3L6  
Phone: 780-462-6924 Fax: 780-466-6594  
Website: [www.mwci-edmonton.net](http://www.mwci-edmonton.net)  
Email: [dschmuhl@mwci.ca](mailto:dschmuhl@mwci.ca)

Community resource for newcomers.

**Dickinsfield Amity House**

9213 - 146 Ave., Edmonton, AB T5E 2J9  
 Phone: 780-478-5022 Fax: 780-473-8979  
 Website: [www.amityhouse.ca](http://www.amityhouse.ca)  
 Email: [info@amityhouse.ca](mailto:info@amityhouse.ca)

Promotes and encourages the independence and well-being of underprivileged families in the Edmonton area by providing educational, recreational and social programs.

**Edmonton City Centre Church Corporation: "Our Place" Residence Program**

9537 - 106 Ave., Edmonton, AB T5H 0N3  
 Phone: 780-426-6466 Fax: 780-423-6032  
 Website: [www.e4calberta.org](http://www.e4calberta.org)  
 Email: [ourplace@e4calberta.org](mailto:ourplace@e4calberta.org)

"Our Place" residence program provides safe, affordable and long-term housing for women with a history of mental illness and low income who require supervision or care. Also provides referrals to "Our Other Place," a place for independent living with some support.

**Hope Mission Women's Centre**

Edwardson Place  
 Phone: 780-453-3412 Fax: 780-453-3437

Hope Mission's 24-bed residence offers a long-term additions recovery program to women without children. The program is suited to women who want to willingly change their lives with an encouraging and supportive environment. Hope Mission's goal is to serve, strengthen and uplift the women in recovery to bring forth the tools they need to leave an addictive past and live healthy lives.

**PERSONS WITH DISABILITIES****Alberta Committee of Citizens with Disabilities**

#707, 10339 - 124 St., Edmonton, AB T5N 3W1  
 Phone: 780-488-9088 Fax: 780-488-3757  
 TTY: 780-488-9090  
 Website: [www.accd.net](http://www.accd.net) Email: [accd@accd.net](mailto:accd@accd.net)

ACCD is a cross-disability consumer-directed charitable organization that actively promotes full participation in society for Albertans with disabilities. Since 1973, ACCD has worked hard to ensure that the voices of Albertans with disabilities are heard. Our activities include projects and research, school presentations, business accessibility, public education, partnerships with other disability groups, and information and referral services.

**Catholic Social Services - Disability Service**

8815 - 99 St., Edmonton, AB T6E 3V3  
 Phone: 780-432-1137 Fax: 780-439-3154  
 Website: [www.catholicsocialservices.ab.ca](http://www.catholicsocialservices.ab.ca)

Residential, outreach and support programs for persons with developmental and/or physical disabilities, as well as persons with mental illness or brain injury.

**Elves Special Needs Society**

10825 - 142 St., Edmonton, AB T5N 3Y7  
 Phone: 780-454-5310 Fax: 780-454-5889  
 Website: [www.elves-society.com](http://www.elves-society.com)  
 Email: [elvessoc@telusplanet.net](mailto:elvessoc@telusplanet.net)

Elves Special Needs Society provides dependent handicapped persons with a unique, individualized, educational day program, to promote their maximum development and to enhance the quality of life of the individuals and their families within a supportive and caring environment. Elves Child Development Centre offers programs for preschool and school age children with disabilities.

**POST-SECONDARY, CONTINUING EDUCATION, TRAINING****Athabasca University Women's Studies Program**

1 University Dr. Athabasca, AB T9S 3A3  
 Phone: 1-800-788-9041 Fax: 780-675-6437  
 Website: [www.athabascau.ca](http://www.athabascau.ca)

Offers a Bachelor of Arts major in women's studies through distance education to anyone over 18 years, regardless of previous educational background.

Athabasca University also offers a University Certificate in Counselling Women, a part-time study program designed for front line workers.

**Canadian Federation of University Women, Edmonton**

President: Gail Perrin (430-9494)  
 Website: [www.cfuw-edmonton.org](http://www.cfuw-edmonton.org)

The CFUW, the Edmonton branch of a national and international organization of women university graduates, is committed to the pursuit of education, improvement of the status of women and human rights, and active participation in public affairs.

The Federation awards bursaries to mature, full-time women students to supplement other funding, and four scholarships each year to graduate students at the University of Alberta, two each in Arts and in Science.

**Concordia University College of Alberta**

7128 Ada Boulevard, Edmonton, AB T5B 4E4  
 Phone: 780-479-8481 Fax: 780-474-1933  
 Toll-free: 1-866-479-5200  
 Website: [www.concordia.ab.ca](http://www.concordia.ab.ca)

Student-focused university education in an engaging and supportive environment.

**Lakeland College**

#172, 2257 Premier Way, Broadmoor Place IV, Sherwood Park, AB T8H 2M8  
 Phone: 780-416-8844  
 Website: [www.lakelandc.ab.ca](http://www.lakelandc.ab.ca)

Offers full and part-time programs and courses in Academic Upgrading, American Sign Language, Business, Landscape Design, Massage Therapy, Master Gardener, Pharmacy Technician, Residential Decorating and Special Events Coordinator.

**Edmonton Public Schools Metro Continuing Education**

8205-90 Ave, Edmonton, AB T6C 1N8

Registration: 780-428-1111

Website: [www.metrocontinuingeducation.ca](http://www.metrocontinuingeducation.ca)

Edmonton Public Schools Metro Continuing Education offers a number of Academic Success programs, including high school upgrading, diploma prep and summer school classes, English language instruction for newcomers to Canada and hundreds of adult continuing education courses in the areas of: computers, gardening, well-being, home renovations, crafts, cooking, dance, photography and more. For more information, visit their website or pick up a Class Calendar at a local grocery and convenience stores.

**University of Alberta, Faculty of Extension****Women's Words: Summer Writing Week**

June 1 - 15, 2008  
 University Extension Centre, 8303-112 St.,  
 Edmonton, AB T6G 2T4  
 Phone: 780-492-3093 Fax: 780-492-1857  
 Website: [www.extension.ualberta.ca/womenswords](http://www.extension.ualberta.ca/womenswords)

A program for women with stories - all women, in other words, both established and new writers. Work in small, interactive groups with published writers and award-winning authors. Come for the weekend or the entire week to explore poetry, life-writing, fiction, creative non-fiction, or working with visual art and text.

**University of Alberta: Women's Studies Program, Faculty of Arts**

1-05, Assiniboia Hall, Edmonton, T6G 2E7  
 Phone 780-492-7078 Fax: 780-492-5273  
 Website: [www.arts.ualberta.ca/womensstudies](http://www.arts.ualberta.ca/womensstudies)

Works to expand and transmit knowledge about women and gender relations. Program offers a Bachelor of Arts degree, with a specialization or major in women's studies.

**SPIRITUAL****Providence Renewal Centre**

3005 - 119 St., Edmonton, AB T6J 5R5  
 Phone: 780-430-9491 Fax: 780-438-1639  
 Website: [www.providencerenewal.ca](http://www.providencerenewal.ca)

Offering quiet space for getaways (groups or individuals) and programs for renewal and personal growth. Overnight accommodation, meals, meeting rooms.

**Star of the North Retreat Centre**

3A St. Vital Ave., St. Albert, AB T8N 1K1  
 Phone: 780-459-5511 Fax: 780-458-8877  
 Website: [www.starofthenorth.ca](http://www.starofthenorth.ca)  
 Email: [reception@starofthenorth.ca](mailto:reception@starofthenorth.ca)

Offers programs in personal development and contemporary spirituality. Offers accommodations and meals for both personal and group retreats.

**SPORTS & RECREATION****Edmonton Sport Council**

Phone: 780-497-7678 Fax: 780-426-3634  
 Website: [www.edmontonsport.com](http://www.edmontonsport.com)

Want to get involved in sport? The ESC website provides contact information for all Edmonton sport organizations.

**Edmonton Storm**

Contact: Terry Yahnke - 780-467-5596 Fax: 780-467-2279  
 Website: [www.edmontonstorm.com](http://www.edmontonstorm.com)  
 Email: [tyahnke@ualberta.ca](mailto:tyahnke@ualberta.ca)

Edmonton's female tackle football team, who are proudly the Western Canadian Champions for 2008.

**Women In The Wind**

Website: [www.telusplanet.net/public/witwedn](http://www.telusplanet.net/public/witwedn)  
 Email: [witwedmonton@telus.net](mailto:witwedmonton@telus.net)

The club, consisting of women with a love and passion for motorcycle riding, seeks to educate members in motorcycle safety and maintenance, unite women motorcyclists with friends of common interest, and promote a positive image to the public of women on motorcycles. The group meets once a month for meetings and participate in charity events like the Edmonton Toy Run and Ride For Sight.

**TRADE SHOWS****Family Productions Inc.**

2nd Floor, 4634 - 90A Ave., Edmonton, AB T6B 2P9  
 Phone: 780-490-0215 Fax: 780-450-3757  
 Website: [www.edmontonshows.com](http://www.edmontonshows.com)  
 Email: [info@edmontonshows.com](mailto:info@edmontonshows.com)

Family Productions Inc.  
 Edmonton Woman's Show (Spring Edition)  
 - April 25 & 26, 2009  
 Edmonton Woman's Show (Fall Edition)  
 - October 17 & 18, 2009  
 Edmonton Ski & Snowboard Show  
 - October 31 & November 1, 2009  
 Edmonton Pet Expo  
 - January 30 & 31, 2010

Continued on page 54

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Victim Services

## Strathcona County RCMP Victim Services Unit

Invites You to Volunteer  
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Work Directly with Victims of  
Crime or Trauma  
Training Provided

For more information call  
**780 – 449 – 0153**

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*Edmonton Woman  
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update your listing  
email  
contact@  
[edmontonwoman.com](http://edmontonwoman.com)  
or fax 780-421-7677

## RESOURCES FOR WOMEN

Continued from page 33

Mom, Pop, & Tot's Fair  
- April 3 & 4, 2009  
Edmonton Tattoo & Arts Ink Festival  
- April 10, 11, & 12, 2009

## WORK, BUSINESS, FINANCE & CAREER PLANNING

### Alberta Teacher's Association

11010 - 142 St., Edmonton, AB T5N 2R1  
Phone: 780-447-9400 Fax: 780-455-6481  
Website: [www.teachers.ab.ca](http://www.teachers.ab.ca)

The ATA has a standing committee that addresses equity issues and promotes inclusive school environments. The committee advises the association on issues related to gender equity, Aboriginal education, racism, sexual orientation and gender identity. The ATA provides workshops, print and web-based resources to assist teachers throughout the province.

### Alberta Women Entrepreneurs

#100, 10237 - 104 St., Edmonton, AB T5J 1B1  
Phone: 780-422-7784 Fax: 780-422-0756  
Toll-free: 1-800-713-3558  
Website: [www.abwebusiness.com](http://www.abwebusiness.com)

Should you be considering starting a business, expanding your business, or purchasing a business, AWE, a non-profit association funded by Western Economic Diversification, provides a full range of support services to women entrepreneurs in Alberta. These services include business advising, business skills development, loan program, networking opportunities and research resources.

### Association of Administrative Assistants

Website: [www.aaa.ca](http://www.aaa.ca)  
Email: [edmonton-membership@aaa.ca](mailto:edmonton-membership@aaa.ca)

This is a chartered Canadian non-profit professional organization that supports the Qualified Administrative Assistant Certification Program at the University of Alberta and Athabasca University. The main purpose of the association is to encourage office professionals to continuously upgrade their skills and professionalism through ongoing education.

### International Association of Administration Professionals – Edmonton Chapter

President: Kristie Leeson (437-8532 or email [kristie.leeson@shaw.ca](mailto:kristie.leeson@shaw.ca))  
Website: [www.iaapedmonton.com](http://www.iaapedmonton.com)

The International Association of Administrative Professional (IAAP) is a not-for-profit professional association with 40,000 members and affiliates and 700 chapters worldwide. The association works in partnership with employers to promote excellence; to educate, to communicate, and to further professional development.

### Progressive Group for Independent Business Women

P.O. Box 44068, Southcentre P.O., Calgary, AB T2J 7C5  
Executive Director: Julie Chandler (403-720-2143 ext. 2)  
Toll-free: 1-866-725-2143  
Website: [www.pgibw.ca](http://www.pgibw.ca), [www.womenspages.ca](http://www.womenspages.ca)  
Email: [pgibwomen@pgib.ca](mailto:pgibwomen@pgib.ca)

Taking your business to the next level.

### Women in Scholarship, Engineering, Science and Technology (WISEST)

295 CAB, University of Alberta, Edmonton, AB T6G 2G1  
Phone: 780-492-1842 Fax: 780-492-2990  
Website: [www.wisest.ualberta.ca](http://www.wisest.ualberta.ca)

A U of A-based organization whose vision is to strengthen science by increasing gender diversity and to enhance choices in science, engineering, scholarships and technology for women of all ages.

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